



Parent Training Models for Special Needs Populations

- Behavior-Based Parent Training Model &
- Cognitive-Based Approaches to Parent Training

March 8, 2023

4:30pm – 7:45 pm

Presenter:

Lenny Caltabiano, Psy.D., NCSP

LOCATION: Presented via Zoom

Log-in instructions will be sent 2 days prior

Target Audience:

- Teachers School Leaders LMHCs
- Social Workers BCBA's & BCaBA's
- Speech/Language Pathologists
- Psychologists (Licensed & School)

Course Level/Learning Methods:

Intermediate; Lecture

Method of Presentation: Live-Virtual Online

Course Requirements: To receive Certificates of Attendance and CEUs, participants must: arrive on time, stay for the entire session, and submit a completed Evaluation Form.

Presented By:

Kidz Conference Services

1400 Old Country Road, Suite C103N
Westbury, NY 11590

Course Description:

Parent training/counseling is a common service available for parents of children with special needs. There is a long history of behavior-based parent training models. In more recent years, the cognitive model of parent training and counseling have also been put forth and are gaining positive momentum. This workshop will provide a model of parent training that combines the core principles of applied behavior analysis and cognitive-behavior therapy.

• The Behavior Based Parent Training Model

This portion will present a behavior-based model of parent training and review the core elements of positive behavior supports including the importance of understanding the primary functions of behavior and the four-term contingency of behavior development. Participants will be instructed in how to apply these models within the context of parent training. Different strategies to better ensure parent follow through will also be reviewed.

• Cognitive Based Approaches to Parent Training

The basic premise of cognitive-based approaches will be reviewed, including unhelpful parent thought attributions and how to effectively dispute and restructure negative thoughts they express. Scenarios and how the cognitive-model of parent training would address each will be provided. Thought interruption and redirection strategies will be reviewed and how to assist parents in developing a more optimistic thought process to the challenges they face.

Learner Objectives - As a result of this activity, participant will be able to:

- identify how to incorporate the four-term contingency into the parent training process
- explain the importance of educating parents about the primary functions of behavior
- identify parent attribution styles
- describe ways of disputing pessimistic thought processes in parents

Agenda

- 4:30 Introduction to Parent Training
- 4:45 Introduction to Behavior Model
- 5:15 Functions of Behavior & Strategies
- 6:00 Break
- 6:15 Introduction to the Cognitive Model
- 6:45 Implementation and Strategies

Speaker Bio

Lenny Caltabiano, Psy.D., NCSP is currently the Chief Executive Officer of Family of Kidz, which provides a variety of therapeutic and special education services to infants, toddlers, preschoolers, and school-age children. Dr. Caltabiano is a New York State licensed psychologist and certified school psychologist. He earned his doctoral degree at St. John's University, and his areas of specialization include autism spectrum disorder, behavior intervention, and cognitive assessment. He has conducted hundreds of presentations, trainings, and workshops related to these areas of specialization. Prior to becoming CEO in 2021, Dr. Caltabiano was the Director of Autism and Behavioral Services and Vice President of Therapeutic and Educational Services at Family of Kidz. **DISCLOSURE INFORMATION: Financial** – Dr. Caltabiano is an employee of Family of Kidz, our parent organization. **Non-financial:** There are no non-financial disclosures.



Kidz Conference Services, LLC has been authorized as a provider of Type II continuing education by the Behavior Analyst Certification Board, Inc. BACB ACE Provider #OP17-2780 (3.5 contact hours)

Kidz Conference Services, LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors MHC#-0118. (3 contact hrs.)

Kidz Conference Services, LLC is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #0040. (3 NYSED PsychBd Contact Hrs.)



Ensuring High Quality Professional Development

Kidz Conference Services, LLC is approved by the National Association of School Psychologists to offer

continuing professional development for school psychologists. Kidz Conference Services, LLC maintains responsibility for the program. NASP Approved Provider # 1048 (3 NASP CPDs)

Kidz Conference Services, LLC SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0147. (3 contact hrs.)



ASHA CE APPROVED PROVIDER

Kidz Conference Services
Intermediate Level
.3 ASHA CEUs

ASHA CE Provider approval and use of the Brand Block does not imply endorsement of course content, specific products, or clinical procedures.

Kidz Conference Services, LLC is approved by the New York State Education Department as a sponsor of Continuing Teacher and Leader Education (CTLE), #23368. (3 hrs.)

Register Online: www.familyofkidz.com –

\$65 non-Kidz staff \$50 Family of Kidz staff (with active cases)

If you have difficulty, email Tesa at: conferences@familyofkidz.com

Info or Special Accommodations: Tesa or Chastidee @ conferences@familyofkidz.com Should you require a reasonable accommodation to attend, all such requests must be received no less than four weeks prior to the date.

Refund Policy: All cancellations will be subject to the handling fee noted below. Refund requests must be received by mail/e-mail at least 10 calendar days prior to the conference date or the full amount will be charged. Full refunds will be given if workshop is cancelled due to inclement weather or other unforeseen circumstances. **Handling Fee for cancellations: \$10**