



**\*\*Zoom Conference\*\***  
**Nationally Known Speaker**

## Major Depression

It IS More Than Just being Sad

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### *Classroom Interventions to Help with Motivation and Success*

Presenter:

**R. Nicolle Carr,  
Ph.D., BCBA-D, LBA**

**December 12, 2023**  
**9:00 am – 12:15 pm**

**Live-Online via ZOOM**

Sponsored by:

**Family of Kidz - Kidz Conference Services**  
1400 Old Country Road, Westbury, NY 11590  
P: 516-806-6969 F: 516-806-6950  
[www.familyofkidz.com/conferences](http://www.familyofkidz.com/conferences)

## COURSE DESCRIPTION

Most assume depression will 'look' obvious; a student who is sad or stays to themselves or perhaps even one who cries incessantly. But the reality is that this mental health disorder can take many forms in a classroom from the class clown to the angsty teen to the stereotypical loner.

This session will cover the various behavioral symptoms that are required to have a diagnosis of depression, delve into the neuroscience of the disorder and then show how various evidence-based interventions, including those using the principles of Applied Behavior Analysis, relate back to those symptoms. We will highlight methods to find a student's motivation and harness those motives to gain momentum and meet goals during this complex period. Of course, ensuring we can do this in a school environment by school personnel and other important stakeholders is a hallmark of realistic evidence-based interventions.

### Learner Objectives:

*Upon completion of this course, participants will be able to:*

- describe the behavioral symptoms of depression as they might present in a school setting
- explain specific evidence-based interventions and how they connect to the various symptoms of depression
- explain the neuroscience of depression in children and young adults
- describe three assessments that can help learn what motivates a student

### Agenda

- Introduction (15 min)
- DSM criteria & the Neuroscience of depression (45 min)
- Interventions for Criteria 1-2 - Depressed mood and diminished motivation in the classroom (30 min)
- Break (15 min)
- Interventions for Criteria 4-5 - Reduction of movement and fatigue in the classroom (30 min)
- Interventions for Criteria 6-7 - Feelings of worthlessness and inability to think / indecisive in the classroom (1 hr)

## ABOUT THE SPEAKER

R. Nicolle Carr, Ph.D., earned her doctorate in behavioral neuroscience/psychology from the University of Texas, Austin in 2005 and has been a Board-Certified Behavior Analyst since 2008. She is currently the Director of Clinic Services for an ABA company overseeing clinics across the state. Prior to that, she served 5 years as the Director of the Applied Behavior Analysis program at the University of Oklahoma. Most recently, she founded the Oklahoma state chapter under the ABAi. Dr. Carr served as the assistant clinical director at a residential program outside of Boston and as a consultant for a clinic in Western MA. Dr. Carr also served as the secretary of the Society for Behavioral Neuroscience and Comparative Psychology of the American Psychological Association and the Ethics Special Interest Group for the Association for Behavioral Analysis International. Her most recent accomplishment is publishing a textbook called Applied Behavior Analysis in Schools: Realistic Implementation of Evidence-Based Interventions by Teachers.

### DISCLOSURE INFORMATION:

**Financial:** Dr. Carr is receiving a speaker's fee for presenting this session. **Non-financial:** There are no non-financial disclosures.

## TARGET AUDIENCE

- Psychologists – Licensed & School
- Social Workers  BCBA's / BCaBA's
- Teachers  Administrators
- Licensed Mental Health Counselors
- Speech Pathologists

**CEU/CPD hours available. See page 2**

### For Staff Working with Ages:

- Preschool  Elementary
- Middle School  High School

### Level & Teaching Methods:

Intermediate; Lecture

## CERTIFICATES OF ATTENDANCE / CEUs

Attendance for the entire session and submission of an evaluation form are required for Certificates of Attendance (COA) and/or CEUs (where applicable). Please allow 10-14 business days after the conference for the COAs to be emailed to you. For those paying with Purchase Orders, the COA will be mailed once the final payment has been made.

## REGISTRATION INFORMATION

**Individuals:** Register online with credit card or e-check  
[www.FamilyofKidz.com](http://www.FamilyofKidz.com)

**District/Agency Payments:** Register online by credit card (preferred). Contact Tesa at 516-806-6969 x4181 for information and procedures on how to submit Registrations for Purchase Orders (form required).

### **Registration Fees:**

General Registration	\$95
Kidz Staff General Registration	\$80

*Registrations received after 5pm on Dec 5 will incur an additional fee of \$35.*

**Refund & Cancellation Policy:** A handling fee of \$35 will be deducted for all cancellations. Refund requests must be received by mail/e-mail no later than 10 business days prior to the session. **No refunds will be issued if requested after 12/05/23.**

Kidz Conference Services reserves the right to cancel due to insufficient registrations or extenuating circumstances. Full refunds will be given if the conference is cancelled by KCS due to weather or other unforeseen circumstances.

**Cancellations Due to Weather or Other Circumstances:** see Announcements on our website [www.FamilyofKidz.com](http://www.FamilyofKidz.com); top of the main page.

**Special Accommodations:** Should you require reasonable accommodations; a request must be received *no later than four weeks prior to the session* via email to: [Conferences@FamilyOfKidz.com](mailto:Conferences@FamilyOfKidz.com).

**For Information:** Tesa at 516-806-6969 x4181



## CEU / CPD INFORMATION

**Kidz Conference Services, LLC** SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0147. **(3 NYSED SBSW Contact Hours)**

**Kidz Conference Services, LLC** is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #PSY-0040. **(3 NYSED PsychBd Contact Hrs.)**

**Kidz Conference Services, LLC** is approved by the New York State Education Department as a sponsor of Continuing Teacher and Leader Education (CTLE), #23368. **(3 hrs.)**

**Kidz Conference Services, LLC** is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. #MHC-0118. **(3 contact hours)**



**Kidz Conference Services, LLC** is approved by the National Association of School Psychologists to offer continuing education for school psychologists. **(3 NASP CPDs)**



**Kidz Conference Services, LLC** has been authorized as a provider of Type II continuing education by the Behavior Analyst Certification Board, Inc. BACB ACE Provider # OP 17-2780 **(3.5 CEUs)**



**Kidz Conference Services**

Intermediate Level  
.3 ASHA CEUs

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