

Evening Workshop - via Zoom

Presented By: Kidz Conference Services

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Crisis Situations:

How They Happen and Strategies to Prevent & De-Escalate

December 13, 2023 ♦ 4:30pm – 7:45 pm ♦ Live via Zoom

Presenter: **Keri Strejlau, MS Ed., BCBA, LBA-NY**



Audience: Teachers School Leaders Social Workers Speech/Language Pathologists LMHCs Psychologists BCBA's/BCaBA's
Age Range: Preschool Elementary Middle School High School **Course Level/Learning Methods:** Intermediate; Lecture

When we hear about a family in crisis it can mean a lot of different things. When talking about students with disabilities, a crisis can include the child demonstrating behaviors that are harmful to themselves or others. Many times, when a child is demonstrating these behaviors, it is difficult for the people around them to understand why it is happening, let alone the steps needed to de-escalate the situation while keeping the child and anyone else in the environment safe.

This presentation will cover common situations that occur in the home and school settings when working with children and adolescents that display maladaptive behavior. Maladaptive behavior can include tantrums, aggression, self-injury, elopement, and a variety of other behaviors. In this presentation we will identify functions to behavior, as well as other factors that can contribute to these stressful situations. We will use the principles of Applied Behavior Analysis (ABA) to dissect a variety of case studies to identify cause, functional alternatives, and strategies to de-escalate situations. This will include learning about setting events and the three-term contingency of behavior to understand why these factors contribute to crisis situations. Proactive strategies including antecedent manipulations, environmental variations, and use of visuals will be reviewed, in addition to, reactive strategies for de-escalating crisis behavior. A variety of case studies will be discussed to examine how different responses from adults and the environment could change the outcome of the scenario. Teachers, BCBA's and related service providers will learn how to best identify the cause of a crisis situation and strategies to prevent and most effectively de-escalate the situation.

Learner Objectives - As a result of this activity, participant will be able to:

- Identify the four functions of behavior in clients according to the field of ABA
- Explain the three-term contingency used in ABA
- Identify two different proactive strategies to maladaptive behavior according to the principles of ABA
- Identify two different reactive strategies to maladaptive behavior according to the principles of ABA

Agenda

- Function of Behavior & Contributing Concepts (60 min)
- Case Studies and Identifying Important Components (30 min)
- Break
- Case Studies and Breakdown - Group discussion (60 min)
- Summary, Q&A

Biographical Information: Keri Strejlau completed her Masters in Special Education at Hofstra University. She completed her Advanced Certification in Applied Behavior Analysis through Long Island University- C.W. Post. She is a Special Educator and BCBA/ LBA in New York and enjoys clinical work, as well as, consulting and supervising other professionals. Keri has worked with individuals with disabilities across a variety of settings including home, school, recreational, and clinical settings, including a variety of leadership roles within Family of Kidz. Keri is currently a full time BCBA with Kids First Services. She has worked with children and adolescence from birth to adulthood and is always looking for ways to collaborate with others to improve the field! **DISCLOSURE INFORMATION: Financial:** Keri was previously an employee of Family of Kidz, our parent organization. She is receiving a speaker's fees for presenting this session. **Non-financial:** There are no other non-financial disclosures.

Register Online: www.familyofkidz.com \$75 non-Kidz staff \$65 Family of Kidz staff (with active cases) Late Fee: \$15 (check website for effective date) See website for other discounts, if available

Info or Special Accommodations: Tesa conferences@familyofkidz.com Should you require a reasonable accommodation to attend, all such requests must be received no less than four weeks prior to the date.

Refund Policy: All cancellations will be subject to the handling fee noted. Refund requests must be received by mail/e-mail at least 10 calendar days prior to the session date or the full amount will be charged. Full refunds will be given if workshop is cancelled due to weather or other unforeseen circumstances. **Handling Fee: \$15**

For Certificates of Attendance and CEUs - You must arrive on time, stay for the entire session, and submit a completed Evaluation Form.

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