



# Evening Workshop - via Zoom

Presented By: Kidz Conference Services

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## Tools for Your Toolbox

### Tricks & Tips from an Occupational Therapist

### For Classroom, Speech & Counseling Settings (EI, PreK, Gr. 1 & 2)

January 16 ♦ Live via Zoom ♦ 4:30pm – 7:45 pm

Presenter: **Heidi Puccio, OTD, OTR/L**



**Audience:**  Teachers  School Leaders  Social Workers  Speech/Language Pathologists  LMHCs  Psychologists (Licensed & School)  
**Age Range:**  EI  Preschool  Elementary  Up to Age 2 developmental level **Course Level/Learning Methods:** Intermediate; Lecture

The development of fine motor, sensory processing, and self-regulation skills during early childhood is crucial for long-term success in the classroom. A variety of factors, including missing in-person schooling due to the covid pandemic, has impacted the ability of young children to fully participate in activities that facilitate the development of these skills. Although some children receive occupational therapy intervention, many children do not despite difficulties with classroom tasks. Strategies used in occupational therapy sessions can be used to facilitate development of motor, sensory and self-regulation skills in all young children, including those in general education settings. Collaboration between the occupational therapist and classroom staff and/or other related service providers can facilitate the opportunity for the development of motor skills through the day for ALL children.

This presentation will discuss typical development of fine motor and visual motor skills, strategies to address specific skill deficits, and ideas to enrich the classroom environment to benefit all children. Participants will learn how to apply strategies used by occupational therapists with all students across a variety of academic and non-academic areas (e.g., writing, art, reading, story time, math). Age-appropriate developmental milestones and expectations will be reviewed, with a focus on proactive strategies to facilitate motor development. Simple modifications to materials and presentation to address specific concerns will also be described. **This session is appropriate for all service providers – teachers, speech, counselors and more!**

**Learner Objectives** - As a result of this activity, participant will be able to:

- Summarize the typical developmental sequence of fine motor skills
- Identify appropriate prewriting skills by age
- Explain the impact of posture on fine motor task performance
- Explain 3 whole class strategies and what skill they address

#### Agenda

- Introduction and Overview; Development of Fine Motor Skills; Covid Impact (30 min)
- Response to Intervention (RTI) and Universal Design for Learning (UDL) (20 min)
- Importance of Collaboration (10 min)
- Foundational Skills; Coordination & Hand Preference (30 min)
- Break (15 min)
- Fine Motor, Sensory and Self-Regulation (45 min)
- Center Time Strategies, Transitions & Q/A (45 min)

**Biographical Information:** Heidi Puccio, OTD, OTR/L is the Assistant Director of OT/PT at Kidz Therapy Services (part of Family of Kidz). She has been a pediatric occupational therapist for 13 years receiving her MS in Occupational Therapy from Ithaca College and her post-professional Occupational Therapy Doctorate from Bay Path University. Although she has enjoyed working with children of a variety of ages from infancy to young adults, her current passion is working with children under five years of age. Her primary interests are in early childhood development, behavior management, and autism spectrum disorder.

**DISCLOSURE INFORMATION: Financial:** Heidi Puccio is an employee of Kidz Therapy Services, an affiliated company. She is receiving a speaker's fee for presenting this session. **Non-financial:** There are no other non-financial disclosures.

**Register Online:** [www.familyofkidz.com](http://www.familyofkidz.com) \$75 non-Kidz staff \$65 Family of Kidz staff (with active cases with Family of Kidz)

**Info or Special Accommodations:** [tesa@familyofkidz.com](mailto:tesa@familyofkidz.com) Should you require a reasonable accommodation to attend, all such requests must be received no less than four weeks prior to the date.

**Refund Policy:** All cancellations will be subject to the handling fee noted. Refund requests must be received by mail/e-mail at least 10 calendar days prior to the session date or the full amount will be charged. Full refunds will be given if workshop is cancelled due to weather or other unforeseen circumstances. **Handling Fee: \$15**

**For Certificates of Attendance and CEUs - You must arrive on time, stay for the entire session, and submit a completed Evaluation Form.**

### CEUs / CPDs Available

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Intermediate Level  
3 ASHA CEUs



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