

# Evening Workshop - via Zoom

Presented By: Kidz Conference Services

1400 Old Country Road, Suite C103N • Westbury, NY 11590 • 516-806-6969 x4181

## Navigating Puberty with Students with Developmental Disabilities Pre-Pubescence Through Late Adolescence (ages 8 - 21+)

March 20, 2024 ♦ 4:30pm – 7:45 pm ♦ Live via Zoom

Presenter: Erinkelly Connell, MS Ed, LBA BCBA



**Audience:**  Teachers  School Leaders  Social Workers  Speech/Language Pathologists  LMHCs  Psychologists  BCBA/BCaBAs  
**Age Range:**  Elementary  Middle School  High School **Course Level/Learning Methods:** Intermediate; Lecture

Adolescence is the emotional and social transition between childhood and adulthood that takes place between the ages of 10-24. During this time, youngsters experience hormonal and biological developments in the body that can lead to emotional and behavioral changes. Navigating this with children with special needs can be especially challenging to school personnel and parents.

This session will address students with mild to severe developmental disorders such as autism, cognitive delays, and communication deficits. Participants will learn strategies to increase self-care and hygiene in children going through puberty. They will learn how to teach students the following in both classroom/ related service settings:

- understanding behaviors that are appropriate in public vs. private settings (e.g., time and place)
- stranger-danger
- understanding romantic feelings, relationships, and relationship boundaries
- the right to say "NO"
- prerequisite skills for students to be able to articulate their feelings and needs in this regard (e.g., body part identification, pain attenuation, reporting inappropriate interactions)
- self-regulation strategies: how to generalize into other settings and help parents to implement at home will also be discussed.

The session will also cover strategies for managing challenging behaviors that transpire during puberty and how to increase self-esteem. Case scenarios will be presented and discussed.

### Learner Objectives - As a result of this activity, participant will be able to:

- Discuss how to instruct students in topics pertaining to puberty
- Discuss strategies for managing challenging behaviors and improving self-esteem
- Identify strategies to share with parents related to puberty related skills, behaviors, and problem areas

### Agenda

- Preparing for Puberty (60 minutes)
- Break (15 minutes)
- Instructing Student on Puberty-Related Topics (60 minutes)
- Strategies to Manage Behavior (60 minutes)

### Biographical Information:

Erinkelly Connell, MS Ed, LBA BCBA is an employee of Family of Kidz, working as a Clinical Supervisor to behavior consultants in Suffolk County schools. She also provides school-based behavior consultation, direct behavior intervention services, BCBA supervision, provides parent training, and runs staff round tables. Ms. Connell has founded and runs various community groups that support both neurotypical and neurodiverse students in her local community. Prior to Kidz, she was a special education teacher working with students diagnosed with Autism. **DISCLOSURE INFORMATION: Financial:** Erinkelly Connell is an employee of Family of Kidz, our parent organization. This is receiving a speaker's fees for presenting this session. **Non-financial:** There are no other non-financial disclosures.

**Register Online:** [www.familyofkidz.com](http://www.familyofkidz.com) \$75 non-Kidz staff \$65 Family of Kidz staff Kidz staff registration discount is applicable only to those with at least one active case through our agency. Discounts may be available – check the website for information.

**Info or Special Accommodations:** Tesa [conferences@familyofkidz.com](mailto:conferences@familyofkidz.com) Should you require a reasonable accommodation to attend, all such requests must be received no less than four weeks prior to the date.

**Refund Policy:** All cancellations will be subject to the handling fee noted. Refund requests must be received by mail/e-mail at least 10 calendar days prior to the session date or the full amount will be charged. Full refunds will be given if the workshop is cancelled due to weather or other unforeseen circumstances. **Handling Fee: \$15**

**For Certificates of Attendance and CEUs - You must arrive on time, stay for the entire session, and submit a completed Evaluation Form.**

### CEUs / CPDs Available

Kidz Conference Services, LLC SW CPE is recognized by the New York State Education Department's State Board for Social Work as an approved provider of continuing education for licensed social workers #0147. (3 contact hrs.)

Kidz Conference Services, LLC is approved by the New York State Education Department as a sponsor of Continuing Teacher and Leader Education (CTLE), #23368. (3 hrs.)

Kidz Conference Services, LLC is recognized by the New York State Education Department's State Board for Psychology as an approved provider of continuing education for licensed psychologists #0040. (3 NYSED PsychBd Contact Hrs.)

Kidz Conference Services, LLC is recognized by the New York State Education Department's State Board for Mental Health Practitioners as an approved provider of continuing education for licensed mental health counselors. MHC#-0118. (3 contact hrs.)



**ASHA CE  
APPROVED PROVIDER**

Kidz Conference Services

Intermediate Level  
3 ASHA CEUs



Ensuring High Quality  
Professional Development

Kidz Conference  
Services, LLC is

approved by the

National Association of School Psychologists to offer continuing professional development for school psychologists. Kidz Conference Services, LLC maintains responsibility for the program. NASP Approved Provider # 1048 (3 NASP CPDs)



Kidz Conference  
Services, LLC has been  
authorized as a  
provider of Type II  
continuing

education by the Behavior Analyst  
Certification Board, Inc. BACB ACE  
Provider #OP17-2780  
(3.5 contact hours)

ASHA CE Provider approval and use of the Brand Block does not imply endorsement of course content, specific products, or clinical procedures.